



## Therapeutic Community

A group of people who live, work, and play together with the purpose of changing and growing together.

In our program that means we are all here to help you change the way you live your life. The primary goal of a therapeutic community is to foster personal growth.

This goal is accomplished by changing an individual's lifestyle through a community of concerned people working together to help themselves and each other. The environment offers an opportunity to reestablish self-respect and encourages self-improvement.

There are house rules, chores, work ethics, community guidelines, high expectations, and individual goals.

## Length of Program

Rose Manor's Women's Residential Program is a short term program, averaging 3-6 months. Following residential, all clients are encouraged to complete the Aftercare portion of treatment.

Aftercare provides supportive services to clients as a way to sustain goals that were achieved while in residential, but are expected to be completely stable without the need for further treatment.



## Rose Manor

Rose Manor has been offering holistic health services to women for over 25 years in our historic family home, which was built in 1903.

Rose Manor was designated as a landmark historic structure in 2003, and has been home to over 1,000 women who have found inner peace and health while living here.

## A Place for Women

The Women's Residential Program is the only affordable licensed & accredited treatment provider exclusively for women.

Rose Manor is a licensed 18 bed facility designed for adult women who are in need of supportive services to sustain balance and health in their life.



## Rose Manor

Women's Residential Program for substance abuse and mental health

(813) 238-8557 x400

## Services Provided

Rose Manor provides its services in the form of an intimate family-style setting, where clients, staff, and management work together to identify and provide needed support.

Rose Manor provides drug screening, individual and group counseling, case management, employment coaching, and a variety of activities that will help the women learn about herself and develop skills for healthy living.

## Activities

These activities are provided depending on the clients' needs and interests. They may include, but are not limited to, participating in yoga, equine-assisted therapy, life skills (cooking, parenting), art therapy, and music therapy.



**Just women.**

**No labels.**

**We have an individualized approach that includes prioritizing client choice, which empowers the person to take charge of their own life's direction and gain sustainable independence.**

## SMART Recovery

Tampa Crossroads utilizes SMART Recovery as the primary treatment modality.

One principle of SMART Recovery is to identify and enhance whatever works. To promote and increase long term success, individuality is important.

There is no one set of goals that work for all women, nor is there one path that will lead to achieving healthy success. The women work closely with their counselor and clinical staff to identify what healthy and responsible living looks like to them.

## Program Eligibility

We obtain grants to provide funding for Hillsborough County residents. Talk to a representative today for more information on funding & our affordable self-pay fees.

## About Us

Tampa Crossroads is a non-profit organization serving Hillsborough, Pinellas and Pasco Counties since 1977.

We are state licensed and internationally accredited by CARF

**Call for more info**

**(813) 238-8557 x400**

